

# Health Professionals – Modalities

You must be qualified in the modalities you practice to be covered. The following are all approved modalities:

5 Tibetan Rites  
Accunect  
Active Release Technique (ART)  
Actively Ageing Practitioner  
Acupoint Therapy  
Acupressure  
Acupuncture  
Acupuncture + Cupping  
Acupuncture Point Injection (with saline solution)  
Alexander Technique  
Allergy Testing  
Allied Health Assistant  
Animal (Osteopathy, Massage)  
Animal Assisted Therapy  
Animal Therapy - Excluding Racehorses  
Antenatal Classes - Excluding Delivery Advice  
Aqua Aerobics  
Aqua Fitness  
Aquatic Resistance Training  
Aroma Touch  
Aromatherapy  
Art Therapy  
Ashati  
Atlas Profilax  
Atlas Reconnect  
Attractor Field Therapy  
Audiologists  
Aura Soma  
Aura-Kinetic Training  
Australian Bush Flowers Therapy  
Aviva Method  
Ayurveda  
Bach Flower Remedies  
Barre  
Bio Acoustical Utilization Device (BAUD)  
Bio frequency  
Bio magnetic Therapy  
Bio mesotherapy  
Biochemic Cell Salts  
Bio-Energetic Healing  
Biofeedback  
Bio-Resonance Matching  
Body Balance  
Body Code Practitioner  
Body Harmony  
Body Talk Systems  
Body Transformation  
Bowen Technique  
Boxercise (As Part of Fitness Only - Non-Body Contact)  
Brain Gym  
Brandon Raynor  
Breathwork  
Brennan Healing Science Energy Healing Work  
Buteyko Breathing Method  
Cellulite Treatment - Non Mesotherapy  
Chakra dance  
Chi Ball  
Chi Gong  
Chi Nei Tsan  
Chi Running Technique  
Chi Walking  
Chinese Herbal Dispenser  
Chinese Medicine  
Colon Hydrotherapy  
Colonic Irrigation  
Colour & Sound Vibration Therapy  
Colour Therapy  
Counselling  
Craniosacral Therapy  
Crystal Therapy (Including Electro and Chakra Balancing)  
Cupping  
Dance Therapy (Including Physio)  
Dancing for Birth  
Dental Hygienist  
Detox Foot Spa Treatments  
Developmental Educator  
Diagnostic Sleep Study and CPAP Treatment Service  
Dieticians  
Diversional Therapy  
Dorn Therapy  
Doula  
Drama Therapy  
Dry Needling  
Ear and Body Candling  
Ego State Therapy  
Electro-Acupuncture  
Electrotherapy  
Embodiment of Yoga  
Emmett Technique  
Emotion Code Practitioner  
Emotional Freedom Technique  
ENAR  
Endermolgie  
Esoteric Healing  
Essence of Angels  
Exercise Physiology  
Facial Harmony  
Feldenkrais  
Feng Shui  
Fitness Instructor  
Flower Remedies  
Focusing  
Food Coaching  
Frequency Specific Microcurrent (Body field Analysis)  
Functional Facial Tapping  
Gait Scan Practitioner  
Gym Supervision  
Gyro tonic  
Hahnemann Healing  
Halo Therapy  
Hand Therapy  
Healing Energy  
Healing Touch  
Heat Lamp Therapy (TDP)  
Hellerwork  
Herbal Medicine  
Herbalist  
Homeopathy  
Horstman Technique  
Hydrotherapy  
Hyper ton X  
Hyperbaric Oxygen Therapy  
Hypnobirthing - Excluding Delivery Advice  
Hypnotherapy  
Hyproxi Weight Loss  
IFAS (Skin and Nerve Stimulation)  
Ignite Your Spirit (Energetic Healing)  
In Zen Class  
Infant Massage Instruction  
Inoculation/Vaccination (including Flu and Travel)  
Integrated Energy Therapy  
Integrated Therapeutic Alignment  
Ion Detoxing Foot Spa  
Iontophoresis  
Iridology  
ISIS Seichem Healing  
Japanese Acupuncture  
Japanese Cosmo Facelift  
Jazzercise  
Jenkins Equine Neurophysiological Therapy (JENT)  
Joint Mobilisation (excluding spinal mobilisation)  
Juice Therapy  
Kinergetics  
Kinesiology  
Kinesis Myofascial Integration  
Lactation Consultants/Breast Feeding Advice  
Laser Acupuncture  
Laughter Therapy  
Life Alignment  
Life Coaching  
Magnetic Field Therapy  
Marriage Consultants  
Massage  
Massage - Ancient Hawaiian Temple  
Massage - Baby (Suitably Qualified Including Training)  
Massage - Bamboo  
Massage - Chinese  
Massage - Connective Tissue

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You must be qualified in the modalities you practice to be covered. The following are all approved modalities:

Massage – Corporate  
Massage - Deep Tissue  
Massage - Hawaiian  
Massage - Hoffman  
Massage - Hot Stone (Hand Placed Only - No Tongs)  
Massage - Indian Head  
Massage - Kahuna Style  
Massage - Lomi Lomi  
Massage - Lymphatic Drainage  
Massage - Lymphatic Drainage (Low Level Laser Therapy)  
Massage - Mobile  
Massage - Oncology Massage  
Massage - Pregnancy  
Massage - Remedial  
Massage - Swedish  
Massage - Tens Therapy  
Massage - Thai  
Massage - Thai Yoga  
Massage - Ultrasound  
Matrix Energetics  
Medical Photographer  
Meditation  
Mental Health Skills Trainer  
Metabolic Free Radical Testing - Thera test  
Mix Martial Arts (As Part of Fitness Only - Non Body Contact)  
Mora Therapy  
Movement Therapy  
Moxibustion  
Muscle Tension Treatment  
Music Therapy  
Myofacial Release Therapy  
Myofunctional Therapy  
Myopractic  
Myotherapy  
Natural Fertility Management  
Naturopathic Medicine  
Naturopathy - Excluding Chiropractic  
NDIS Behaviour Support Practitioner  
NDIS Support Worker  
Neural Integration System  
Neuro Kinetics  
Neuro Linguistic Programming (NLP)  
Neuro Muscular Technique  
Neurofeedback Brain Training  
Neuro-Linguistic Kinesiology  
Neuroptimal Training  
Neurospinologist  
Neuro-Training  
Nia  
Nordic Walking  
Numerology Reading  
Nutritional Medicine  
Nutritionists

Occupational Therapy  
Oriental Health Services (Including Psychology and Nutritional Medicine)  
Orth bionomy  
Orthoptics  
Other  
Patient Advocate  
Pellowah Healing Technique  
Personal Training including Group Fitness (excluding work in a gym owned or operated by You and also excluding work in a studio owned or operated by You unless You are in attendance and supervising at all times)  
Phenolics  
Phlebotomist  
Photonic (Red Light) Therapy  
Phytotherapy  
Pilates/Hypnolates (Including Matwork)  
Polarity Therapy  
Positional Release Therapy  
Pranic Healing  
PSH Therapy  
Psychological Kinesiology (Psych-K)  
Psychotherapists - Excluding Regressive Memory Therapy  
Pulmonary and Lung Function Testing  
Push Therapy  
Q2 Therapy  
Qi Gong  
Quan San Healing  
Quantum Touch  
Raindrop Technique  
Reconnective Healing  
Recreation Therapy  
Reflexology (Including Facial and Baby)  
Reformer Pilates  
Rehabilitation  
Reiki  
Rekindled Ancient Wisdom  
Remedial Therapy  
Resource Therapy  
Reverse Therapy  
Rolfing Technique  
Saliva Analysis  
Salt Therapy  
SCENAR  
Seichim Practitioner  
Shamanic Healing  
Shiatsu  
Sleep Therapy/Somnology  
Social Worker  
Somatic Integration Therapy  
Soul Care  
Soul Collage Facilitator  
Sound Healer  
Speech Pathology

Speech Therapy  
Spiritual Direction  
Spiritual Healing  
Stress Management  
Stretch Therapy  
Structural Integration  
Swim Coach  
Tai Chi  
Tens Machine  
Thermotherapy  
Theta Healing (Excludes Products and Hypnotherapy)  
Thought Field Therapy  
Tibetan Bowl Sacred Healing Sound  
Tibetan Medicine  
Timeline Therapy  
Tissue Salt Therapy  
Total Body Modification  
Touch For Health  
Toyohari  
Traditional Chinese Medicine  
Transactional Analysis  
Transpersonal & Emotional Release Counselling  
Trauma Release Exercises (TRE)  
Trigger Point Therapy  
TRTP - The Richards Trauma Process  
Tuina + Dry Needling + Massage + Cupping  
Ultra Sound Therapy  
Urine Analysis - Excluding Drug/Alcohol Testing  
Venepunctures  
Visual Dyslexia Diagnosis and Treatment  
Voice Dialogue  
Water Exercise for Pre and Post-Natal Women  
Wellness Coaching  
Western Herbalist  
Whole Body Vibration Therapy  
Wholy Fit  
Wim Hof Method  
Women's Dance Mediation Circles  
Writing Therapist  
Xtend Barre  
Yoga  
Yoga - Bikram  
Yoga - Postnatal and Baby  
Yoga - Qi Gong  
Zero Balancing  
Zumba Instructor

**\* Additional premium may apply for these modalities due to risk exposure.**

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